



September 5th - Hustle
 September 12th and
 19th West Coast Swing
 Class is free with paid admission to dance!

September 2021 Dance Instructor Bob Avila and assistant Suzie Avila

Dance Experience of Bob Avila

Bob has always had a passion for dancing. Upon moving to California Bob was very successful in local dance contests and therefore, encouraged to be a dance instructor. Bob taught at McVitties where he enrolled in an extensive training program learning how to be a Dance Diagnostician, not just a Dance Teacher. While at McVitties, Bob mastered the Bronze level of dancing then passed the Silver level. Later Bob started teaching at various night clubs and other dance studios where Bob taught a new dance that had become popular called "The Hustle".

After Passing the Gold level of dancing Bob was then asked to instruct teachers. Various studios would utilize Bob to train their teachers the art of "becoming a dance instructor" They had to have already passed their dance levels. One of Bob's favorite dances became the West Coast Swing.

After teaching his wife Suzie various dances and advanced techniques, the mastering of multiple dances has enabled Bob and Suzie to incorporate other dance moves into the West Coast Swing. Thus causing the WCS to be an exceptional dance, requiring the least effort on the dance floor.

Class is from 1:30 PM -2:30 PM

Dance 2:30 PM -5:00 PM

COST OF DANCE AND LESSON:

• Members: \$10.00

Non-Members: \$15.00

Location:

Dance Headquarters 5035 Shawline St. San Diego, CA 92111